TOUR ★ WEST
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Grand Canyon 8 Night Trip Information Packet

We are delighted to share the Colorado River and the famed Grand Canyon with you.
This trip covers the entire length of the Grand Canyon.
Beginning at Lee's Ferry and ending at Lake Mead.
This trip is a combination of our 6-night upper and our 3-night lower trips. Some of our passengers will helicopter out of the canyon after 6 days and a new group of people will come in for the last 2 days of the trip.

Carefully read this information packet as it will answer many of the questions you will have about your trip.

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Pre-Trip Checklist

- Pay Deposit (consider purchasing travel insurance within 14 days)
- Complete Registration and Liability Waiver online.
- Make final payment 90 days (we'll send a reminder)
- Read this packet carefully
- Gather your gear
- Contact us with any questions
- Watch for final trip confirmation email about 2 weeks before departure

Itinerary *All times listed are* ***Pacific Time Zone***

Day One: Arrive in Page, AZ.

Choose how to get here:

1. **Van Shuttle From Las Vegas—5 hours, departs 11:30 AM from Harry Reid Intl Airport** (extra fee, 5-person minimum). Contact B10 Ranch to Schedule 1-435-628-4010 or visit bar10.com

2. **Charter Flight from Las Vegas—1 hour 15 min, departs 1:30 PM from Harry Reid Intl Airport** (extra fee, 7-person minimum). Contact B10 Ranch to Schedule 1-435-628-4010 or visit bar10.com

Arrive in Page, AZ at Days Inn

- Lodging at Days Inn included (double occupancy 2 people per room. Single room extra fee)
- 8:00 PM orientation meeting by pool
- Dinner on your own. Multiple places near hotel, Light continental breakfast available at hotel

Day 2—6: On the River

- 8:15 AM Shuttle to River to meet crew and launch
- Run legendary rapids like, Hance, Granite, Hermit, Crystal and Lava Falls
- Explore side canyons like Elves Chasm, Deer Creek, Redwall Cavern
- Enjoy fresh meals, learn fascinating canyon history and camp under stars (cots & tents provided)

Day 7 Exchange Day

- Guests who are only staying for the 6-night trip will board a helicopter and fly out of the canyon. A new group of people will helicopter in for the last two nights of the trip.

Day 9

- Jetboat which will take you across a flat section of the Colorado River to Pearce Ferry Boat Ramp
- Board bus for shuttle back to Las Vegas You should arrive at the airport at approximately 2:00 p.m. **Please do not book any departure flights before 4:00 p.m. this day!**

Typical Day

- Wake up to coffee call, breakfast, and camp breakdown
- Rafting with side hikes, lunch, splashes and laughs
- Arrive at camp around 4-5 PM; help with "fire line" to unload gear (optional w/physical limitations)
- Evening camp setup demo (cots, tents, bathroom system) on the first night
- Freshly prepared dinner under the canyon sky
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Rafting & Camping with Tour West

Whether you have been rafting and camping for years or this is your first experience, Tour West makes it easy. All you need to do is bring your personal items in a soft-sided duffle bag and we will provide the rest.

We supply:

- Motel accommodations at Days Inn
- Transportation from Page to Lee's Ferry
- Boats, Life Jackets, camping gear (cot, sleeping bag, pad, tent, waterproof bags)
- Meals – from lunch Day 2 to Breakfast day 9
- Camping toilet facilities
- Beverages – unlimited water & Gatorade all day. Coffee, tea & hot chocolate in the morning.
- First Aid Kit
- Jet boat across Lake Mead
- Bus transfer from Lake Mead back to Harry Reid International Airport in Las Vegas at the end of your trip

Physical Recommendations

A river trip is a participatory experience and requires each guest to be reasonably self-sufficient. Please consider carefully any medical or health conditions that would endanger yourself, or others on the trip, or diminish the enjoyment of a wilderness adventure. Minimum recommendations to participate include:

- Being able to firmly grip ropes or handhold provided while running the rapids
- Enough agility to climb on and off the rafts—this could be as much as a 2–3-foot reach sometimes on wet or slippery conditions. Guides can give a hand if needed, just ask.
- Fit into our Class V lifejacket (max 58" chest) required by the National Park Service.
- Ability to navigate some uneven terrain on hikes and in camp.
- Ability to tolerate prolonged exposure to environmental conditions & temperatures

Our principal objective is for you and your fellow guest to have a safe, enjoyable and fulfilling experience. If you have any questions about river rafting and the inherent risks, please contact our office.

Weather

We always hope for good weather and usually we get it but you should be prepared for cooler weather and storms. The following chart shows averages in the inner Grand Canyon from April through October. Children and some adults tend to get colder in the warmer summer months and need to be prepared for this possibility.

Temperature & Precipitation	Apr	May	June	Jul	Aug	Sept	Oct
Mean Max Temperature	83	93	104	107	103	96	84
Mean Min. Temperature	56	63	73	77	75	70	58
Precipitation (inches)	.47	.36	.30	.84	1.4	.97	.65

Dietary Restrictions

If you have any special dietary requirements, please include them in your registration. Due to limited space and the nature of our buffet style meal service, we are unable to accommodate extreme dietary needs such as Kosher and Vegan. We can accommodate Vegetarian, Gluten Free, Dairy Free Diets. For more information, please see our website.

Severe Allergies are taken very seriously. Thoroughly describe your allergies and symptoms on your registration. Please be aware this is a wilderness setting and emergency response times are delayed due to the setting. If you have concerns, please contact our office. We do ask those with severe allergies to bring 2 epi-pens on your trip.

Travel Considerations:

Please be aware that at Tour West we do our very best to schedule your transportation needs into and out of a remote area where transportation options can be limited. While the transportation companies we contract with to provide these services are in general reliable and on time, there are occasions when our passengers will experience delays. While these delays are beyond our control, we will always do our best to help you get where you need to be in the quickest and safest way possible.

Your Health on the River

Your health and safety are always our top priority. As you travel to and from the river, we ask you to take all precautions to help prevent the spread of any possible virus. Please visit the CDC website for more information on how to prevent spreading viruses. https://wwwnc.cdc.gov/travel/page/resources-for-travelers. If you do show signs of illness as you travel, we ask that you please let your guides know asap so they can take proper precautions to help you and prevent spreading to others.

Preparing your Gear

Every person who travels with us is different and has different needs. We do our best to provide the most comprehensive list for what most people need on the river, but you will have to use your judgement on some things. Please remember this is a wilderness setting and our packing list is as comprehensive as possible. If you have any questions about the packing list, please call us!

Packing List

The following list suggests items you should bring for your trip. When packing please keep in mind that:

1. You must **limit your gear to 25 pounds** (this is required by the flight & helicopter company).
2. Your bag should be a soft side duffle bag that is approximately 12"x13"x24" in order to fit in our 16"x33" dry bag we provide you. Our sleeping bag will also fit inside this waterproof bag.

CLOTHING ITEMS —all items are strongly encouraged to prepare you for a wilderness experience.
Water clarity can vary from clear to silty. Clothing can become discolored. Please pack accordingly.

- Two-piece rain suit (Not just for rainstorms. Quality rain gear offers protection against cold water when running rapids—especially early in the morning.)
- 3-4 swimsuits (2-piece swimsuit and quick-drying shorts or sports bra and short recommended for women.)
- 3-4 quick-drying shirts (at least 1 long sleeve)
- 2 pair of lightweight pants/shorts.
- 2 pair socks. Helpful to protect feet from sun
- 1 lightweight quick-drying hoodie (for sun protection)
- 1 pair quick-drying pants (for sun protection)
- Underwear
- Comfortable lounge-wear for wearing around camp and for sleeping
- 1 sarong or other wrap-around (for sun protection and to keep cool) highly recommended.
- Lightweight fleece top
- 2 pair, sturdy water sandals or multi-sport shoe that can get wet with good tread and support for hikes (Keen, Teva's, or Chaco's are examples). It is wise to consider a back-up pair of sandals or shoes in case of damage.
- Comfortable footwear for camp (some guest prefers flip flops or other light weight tennis shoes)
- Hat for sun protection with string or hat clip
- Comfortable lounge-wear for camping and sleeping
- Gloves for protection while gripping straps on raft. Cycling or weight lifting style gloves work great.

COOL WEATHER ITEMS (April, early May & September Trips)
Children and some adults tend to get colder and may need these items in the warmer summer months.

- Neoprene socks-also great for sun protection
- Beanie
- Mid-weight fleece jacket
- Lightweight long underwear for sleeping

PERSONAL ITEMS

- Personal hygiene products (baby wipes, deodorant, razor, small mirror, feminine hygiene products)
- Small Hand Sanitizer
- Plenty of sunscreen, SPF 30+ (spray cans strongly discouraged)
- Sunscreen lip balm with SPF
- Plenty of after-sun moisturizing body/foot lotion and aloe vera. It's dry and you will use a lot!
- Soap and shampoo in small bottles. Leave in conditioner for long hair.
- Insulated water bottle with strap or carabineer
- Small towel and wash cloth
- Tooth brush & toothpaste
- Small pack of tissues or wet towelettes
- Ziploc bags for storing wet items or keeping things dry
- Small headlamp or flashlight with extra batteries
- Bandana
- Sunglasses with safety strap and back-up pair
- Camera with waterproof case (phone is great but no service)
- Small travel pillow
- Medication if needed (cool storage is available)
- All guest 18 or older mush have photo ID available for trip flights
- Major credit card in case of evacuation or for souvenirs
- Cash for gratuities
- 2 or 3 Large 3"-4" carabineers (for clipping day-use bags and water bottles to ropes) quality matters ($10-$15 each)

OPTIONAL PERSONAL ITEMS:

- A few clothespins and rope for drying clothing at camp
- Small back-pack for hikes
- Plastic bag for dirty or wet clothing,
- Mile-by-mile river guide book & other books
- Hiking sticks
- Playing cards or other free-time games
- Journal, notebook, pen, mini watercolor kit

General Information

BEVERAGES: We provide unlimited cold Gatorade and water. You're welcome to bring your own soda, juices, or alcohol. (no glass). Drinks will be stored by the guides during the day and available to you in the evenings.
You can purchase drinks in Page. Please be aware: We are unable to keep drinks on ice on a wilderness adventure.

VALUABLES: Bring only essentials; photo ID, credit card, cash.

GRATUITIES: Customary tips are 10-12% of trip cost, given to trip leader.

LUGGAGE STORAGE: The best option if you are staying in Las Vegas before or after your trip is to see if your hotel will store your luggage for you. If you are taking the charter flight from Las Vegas to Page additional luggage can be stored with Grand Canyon Airlines for a fee. You will be shuttled from Harry Reid Airport to Boulder, NV where you will be able to leave your luggage. At the end of your trip please tell your shuttle bus driver to stop in Boulder so you can pick up your luggage before you are shuttled back to Harry Reid Airport. You cannot leave any luggage with us in Page as we have no facilities to store it in, or to have it brought to meet you at the end of the trip.

CAMERAS & VIDEOS: We encourage you to bring your cameras with you on your trip of a lifetime! Please keep in mind there is a lot of water and sand and you will need to properly protect your camera. If you bring a phone as your camera, we recommend a waterproof case similar to these at Seawag. www.seawagusa.com. If you bring a DSLR we recommend you bring them in a pelican case with a few quality carabiners to secure it to the raft. Also plan on bringing a portable power bank and a charger as we do not have a way to recharge your cameras. You are welcome to bring a Go Pro Camera. Please make sure you bring a strap for it! Drones are not allowed in the National Parks.

FISHING – You may bring a small collapsible fishing rod. You can fish from the shore but not while the boat is underway. You would be fishing mainly for trout. Arizona residents must have an Arizona fishing license. Out of state passenger can purchase a short-term license from Arizona Fish & Game website. You can also purchase a license at Walmart across the street from the Days Inn.

NATIONAL PARK ENTRANCE FEE—Each person on our trip 15 years or older will be charged a National Park Entrance Fee. If you have a golden eagle or golden age passport, please let our office know before your trip so we can deduct this fee.

REGISTRATION FORM – We require that each passenger taking our trip fill out a registration form. This gives us more information on how to better serve you while you are traveling with us. Please make sure to include on this form if there are any special physical or medical conditions, we should be aware of. A link to this form is emailed to you when you book.

LIABILITY WAIVER-We require that each passenger sign a liability waiver. Anyone under 18 must also have the signature of their parent or legal guardian. You will fill this out online prior to your trip.

CANCELLATION POLICY – Deposits are non-refundable. Cancellations received between 31 and 60 days prior to departure forfeit one half the tour cost. Cancellations between 30 days and the day of your trip lose the entire tour cost. No shows lose entire tour cost. We are firm with this policy and suggest you purchase cancellation insurance. This would help reimburse you in the event of illness or other unforeseen reasons for cancellations. This cancellation policy applies per person.

EMERGENCY INFORMATION – During the season, you may call us after-hours or on weekends at our regular toll-free number (1-800-453-9107). The message will give you the numbers of those you can contact or you can leave a message and we will get back to you as soon as possible. The Grand Canyon Park's policy is not to allow the use of helicopters to contact or remove river guests for this type of emergency. Please give our toll-free number to family members and have them call us if there is an emergency while you are on the river.

Frequently Asked Questions

1. Who will our guides be?
Tour West feels that we have the best guides in the business. Our guides are all whitewater qualified with an average of fifteen years and hundreds of miles of river experience. Each guide is an accomplished outdoors person with wilderness first responder training, a background in natural history and the ability to make each river trip special and memorable.

2. Where and when will I get my river and camping equipment?
Your waterproof duffle bag, small day use dry bag, sleeping bag, sleeping pad, sheet, and cup will be available when you meet your guide at orientation the first night. Your cot and tent will be available at the first night's camp. We recommend you only set up a tent if there is a threat of rain. Nothing beats sleeping under the stars!

3. What items will I have access to during the day?
Every morning your waterproof bag containing your sleeping gear and clothing will be loaded on the boat and packed away for the day. Your small dry bag is used to store any of the items that you will need to get to during the day, such as sun screen, hat, camera, water bottle, etc.

4. What is the menu like?
We take pride in offering well-rounded meals that are very appetizing with sufficient quantities for everyone. Breakfast items include many traditional favorites from pancakes to omelets, fresh fruits and juices. Lunches are a favorite for many with a variety of deli meats and cheeses, salads, chips and cookies. At the end of the day, you are ready for a hardy meal expertly prepared under a western sky. You'll have fresh salads, chicken, steak, side dishes, and of course, desserts. All meals include water and Gatorade to drink. NOTE: If you have a special diet or allergies, please inform us of your specific needs so that we can determine how to best accommodate you. Please visit our website for in-depth dietary information.

5. **Where will I bathe?**
Some campsites have great beaches for bathing while others don't so, we encourage you to bring baby wipes or face wipes. Leave in conditioner is helpful with longer hair. Lotion is also great after a bath as the air is extremely dry. Although the water in the side streams is generally warmer and it may be tempting to bathe there, soap is strictly prohibited and only allowed in the main river. We don't recommend solar showers they are difficult to store and use on the river.

6. What are average water temperatures?
The river water is released from the bottom of Glen Canyon Dam on Lake Powell and the water is approximately 50 degrees. Due to the lake being low we have begun experiencing warmer water temperatures up to 65.

7. What about bugs and snakes?
The Grand Canyon is a very friendly place to camp. Being a desert environment, mosquitoes and flying insects are not generally a problem. Snakes and scorpions are seldom seen. Most trips will have the thrill of seeing Desert Big Horn Sheep and many varieties of canyon birds.

8. Can we expect rain?
We never know for sure when it will rain, so even if you are taking a mid-summer trip be sure to bring a two-piece rain suit! Ponchos are not recommended. You can also look up current weather conditions on our website.

9. What are the toilet facilities like on a river trip?
During the day, all urine must go directly into the river. Which means squatting/standing near the river's edge or wading in. There will be pit stops during the day, but if you have to go tell the guide so they can find a good place to pull over. There is a wonderful new device available for women to use in wilderness settings to urinate. Check it out and if you are comfortable, we highly recommend it along with women who have suggested using them on river trips: It is called the https://www.thepstyle.com/ Available on amazon for $12. If you need to poop during the day, the guides provide you with a Wag Bag type portable waste kit. Each evening, we set up a camp toilet for solid waste, while urine continues to go into the river. At the hand wash station, we have a "key" so you aren't disturbed while using the toilet. The guides will explain the details of the sanitation and bathroom procedures in greater detail during on-river orientation.

For women who may be on their period while on your river trip, it's helpful to plan ahead and pack for the unexpected. If you will be using tampons, bring a 'Go with Your Flow Pack' or several Ziploc bags and plenty of baby wipes. Make sure you keep these supplies handy during the day, in your provided day dry bag. When you change during the day, you can wrap the trash in a baby wipe, put that in a Ziploc and dispose of it in the boat trash system. As you will get wet a lot on your river trip, using pads is not recommended.

MAPS/BOOKS

Below is a list of books about the wonders and history of the Grand Canyon.
These are great reads and can prepare you for the wonders within the Grand Canyon.

1. Grand Canyon River Guide (waterproof mile by mile map**) HIGHLY RECOMMENDED**
Author: Buz Belknap
2. The Exploration of the Colorado River and its Canyons
Author: John Wesley Powell
3. Introduction to the Grand Canyon Geology
Author: Trinkle Jones

The Belknap Guide book along with other gear for your trip is available on our website at www.twriver.com

Help protect future commercial rafting trips in the Grand Canyon by visiting the following website:
www.gcriverrunners.com

SPECIAL NOTE-IMPORTANT
Tour West, together with selling agents, acts only in the capacity of agent for customers in all matters pertaining to hotel accommodations, sightseeing tours, and transportation whether by railroad, motor car, steamship, boat, airplane, or any other means, and as such is not responsible for any damage expense or inconvenience caused by late train, plane, or ship arrivals or departures, or by any change of schedule or other condition nor from any loss, injury or damage to any person or property from any cause whatsoever, The right is reserved to alter the sequence of sightseeing in any of these tours. Tour West is proud of its efforts to ensure the safety and enjoyment of our passengers. We feel that our customers are safer with us that they are traveling to and from the river. However, no outdoor activity is without the possibility of unforeseen hazards. It is important that each Tour West passenger recognize that there is an element of risk in any adventure or activity associated with the outdoors. Each passenger must be fully aware of the risks and the elements of cold river water, and or loss or damage to personal property. Knowing of the inherent risks, dangers, and rigors of river running, each passenger must decide if he/she is desirous and capable of participating in the river trip experience. For questions about river rafting and the inherent risks please contact our office. Even though losses rarely occur, we recommend that passengers have their own travel insurance to protect personal items. It is also recommended that you have your own health and accident insurance. Each passenger will be required to sign an acknowledgment of risk form prior to the trip.

Due to limited availability, the National Park Service restricts recreational boating opportunities on the Colorado River within Grand Canyon National Park to one trip per year per individual. Because of this regulation, Tour West cannot accept a reservation from any individual who has or will participate in any other full or partial canyon commercial or non-commercial river trip within the same calendar year. If you have already completed or have plans to participate in any other Grand Canyon River trip this year and would like to go again, please wait until next year or sometime thereafter to book you next trip. Grand Canyon National Park's one-trip-per-year rule is strictly enforced.

